

NC-TOPPS Mental Health and Substance Use Disorder

Adult (Ages 18 and up)

Recovery Follow-Up Interview

Use this form for backup only. **Do not mail.** Enter data into web-based system:

(<http://www.ncdhhs.gov/providers/provider-info/mental-health/nc-treatment-outcomes-and-program-performance-system>)

QP First Initial & Last Name

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I certify that I am the QP who has conducted and completed this interview.

QP Signature: _____ Date: _____

LME-MCO Assigned Consumer Record Number:

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Consumer Date of Birth:

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Consumer Gender:

Male Female

First three letters of consumer's last name:
(If female, use consumer's maiden name)

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First letter of consumer's first name:

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Consumer County of Residence: _____

CNDS ID Number

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Medicaid ID Number (optional)

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Medicaid County of Residence: _____

Provider Internal Consumer Record Number (optional)

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Local Area Code (Reporting Unit Number) (optional)

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Were you able to contact the individual by telephone or in-person to complete this interview?

Yes No → (answer only questions 1 and 2)

1. Date(s) contact attempted:

| | | | | | | | | | | | | | | | | | | | |
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2. If individual was not able to be contacted by telephone or in-person, Comments - reason not contacted:

3. Since leaving treatment, what best describes your employment status? (mark only one)

- Full-time work (working 35 hours or more a week) → (answer b)
 Part-time work (working 11-34 hours a week) → (answer b)
 Part-time work (working less than 10 hours a week) → (answer b)
 Unemployed (seeking work or on layoff from a job)
 Not in labor force (not seeking work)

b. If employed, are you also enrolled in an educational program?

Yes No

4. Since leaving treatment, how often have you participated in..

- a. positive community/leisure activities?
 Never A few times More than a few times
b. recovery support or mutual aid groups?
 Never A few times More than a few times

5. Since leaving treatment, how often have your problems interfered with work, school, or other daily activities?

- Never A few times More than a few times

6. Since leaving treatment, how would you describe your mental health symptoms?

- Extremely severe Mild
 Severe Not present
 Moderate

7. If you have a current prescription for psychotropic medications, how often have you taken this medication as prescribed?

- No prescription Sometimes
 All or most of the time Rarely or never

8. For Adult Substance Use Disorder individual: Did this consumer receive or was expected to receive methadone treatment?

- Yes No → (skip to 10)
b. What was the last methadone dosage in the 60 days prior to this recovery follow-up?

| | | | |
|--|--|--|--|
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 mg (enter zero, if none and skip to 10)

9. For dosage level of Methadone greater than zero: Please describe the last methadone dosing:

- Induction → (skip to 10)
 Stabilization → (skip to 10)
 Taper
b. Is the methadone withdrawal voluntary or administrative?
 Voluntary Administrative

10. For Adult Substance Use Disorder individual: Did this consumer receive or was expected to receive buprenorphine (mono or combo products, such as Subutex, Zubsolv, Suboxone, Probuphine, etc.) treatment?

- Yes No → (skip to 12)
b. How was the buprenorphine administered?
 Oral (tablets or film) Implant
c. What was the last buprenorphine dosage in the 60 days prior to episode completion?

| | | | |
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 (enter zero, if none and skip to 12)

11. For dosage level of Buprenorphine greater than zero: Please describe the last buprenorphine dosing:

- Induction → (skip to 12)
 Stabilization → (skip to 12)
 Taper
b. Is the buprenorphine withdrawal voluntary or administrative?
 Voluntary Administrative

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12. For Adult Substance Use Disorder individual: Did this consumer receive or was expected to receive naltrexone (such as Revia, Vivitrol, etc.) treatment?

Yes No → (skip to 14)

b. How was the naltrexone administered?

Oral Injectable

c. What was the last naltrexone dosage in the 60 days prior to episode completion?

mg (enter zero, if none and skip to 14)

13. For dosage level of Naltrexone greater than zero: Please describe the last naltrexone dosing:

Induction → (skip to 14)

Stabilization → (skip to 14)

Taper

b. Is the naltrexone withdrawal voluntary or administrative?

Voluntary Administrative

14. Since leaving treatment, where have you lived most of the time?

Living independently (own/rent home/apartment)

Stable housing with friends or family at minimal or no cost

Residential program (halfway house, group home, alternative family living, family care home)

Institutional setting (hospital or jail)

Homeless

Temporary housing

15. Since leaving treatment, which of the following substances have you used?

| Substance | Past Month - Frequency of Use | | | | |
|--|-------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | Not Used | 1-3 times monthly | 1-2 times weekly | 3-6 times weekly | Daily |
| Tobacco use (any tobacco products) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Heavy alcohol use (>=5(4) drinks per sitting) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Less than heavy alcohol use | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Marijuana or hashish use | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cocaine or crack use | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Heroin use | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other opiates and synthetics | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other Drug Use <input type="text"/> <input type="text"/> (enter code from list below) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Other Drug Codes

5=Non-prescription Methadone 13=Other Tranquilizer 57=Spice
 7=PCP-Phencyclidine 14=Barbiturate 58=Dilantin
 8=Other Hallucinogen 15=Other Sedative or Hypnotic 59=GHB/GBL
 9=Methamphetamine/Speed 16=Inhalant 60=Ketamine
 10=Other Amphetamine 17=Over-the-Counter medications
 11=Other Stimulant 22=OxyContin (Oxycodone)
 12=Benzodiazepine 29=Ecstasy (MDMA)

16. Since leaving treatment, how many times have you been arrested for any offense including DWI? (enter zero, if none)

17. Since leaving treatment, have you been under the supervision of the criminal justice system?

Yes No

18. Since leaving treatment, how well have you been doing in the following areas of your life?

| | Excellent | Good | Fair | Poor |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| a. Emotional well-being _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Physical health _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Relationships with family or friends _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Living/Housing situation _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Employment/Education _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Getting out into my community _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Doing things I enjoy _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Feeling connected to others _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Spending time with people who support my recovery and wellness _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Seeking help or support when I need it _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

19. Since leaving treatment, have you...

a. had **contacts** with an emergency crisis provider?

Yes No

b. had **visits** to a hospital emergency room?

Yes No

c. spent **nights** in a medical/surgical hospital? (excluding birth delivery)

Yes No

d. spent **nights** in a psychiatric inpatient hospital?

Yes No

e. spent **nights** homeless? (sheltered or unsheltered)

Yes No

f. spent **nights** in detention, jail, or prison? (adult or juvenile system)

Yes No

20. What help in any of the following areas is now important to you? (mark all that apply)

- Educational improvement Medical care
 Finding or keeping a job Dental care
 Housing (basic shelter or rent subsidy) Legal issues
 Transportation Volunteer opportunities
 Food supply None of the above
 Child care

21. Comments/Notes:

End of interview

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